

208 Sanford Road
Wells, ME 04090
Tel: (207) 646-5826
Fax (207) 646-9033
E-Mail:tleblanc@wellstown.org
web: www.wellsrec.org

April 23, 2024
To All Track Participants \& Parents,

The Wells Rec. Track team will be participating in 2 track meets with Hollis, Buxton, and Old Orchard Beach recreation departments. Our first meet will be at Hollis on Friday, May 10. The second meet will be at Old Orchard Beach will take place on Friday May 31. All meets will start around 3:30-4:00pm (or when we arrive) and go to about 7:00-7:30pm.

The Rec. can provide transportation to and from the away meets for up to 12 people. The Rec. van will pick up track members at the Wells Rec Park, promptly leaving at 3:25pm. If you would like to ride on the van, please reserve a seat by calling the Rec. office or speak with coaches in advance. If your child will be riding in the Rec vans to a meet; You MUST contact the Bus company to get permission to ride the bus and then send a note to WES to dismiss your child to that bus.

If you are returning home on the Rec van, we will return to the Wells Rec Park at approximately 7:30pm. A text will be sent with our returning ETA. Track members can ride to the meet then go home with parents; please make sure to inform Rec staff you are leaving. For those who are driving up on their own and arrive earlier than the Rec van, you can start participating in any field events being offered at that time.

Please bring water/drinks, snacks, wear your track shirt, and dress appropriately for the weather. If anyone is going to be leaving early from the track meet with his or her parents, please check in with us before you leave. If any Parent/Adult would be interested in volunteering or assisting for that day, please contact the Rec office at 646-5826 or speak to us at practice. The team could use the help, support, and supervision. As well as extra volunteers help to keep the meet stay on time.

Please notify us if your child will be attending the track meets and to reserve a spot in the van. If you have any questions or would like to help, please contact the Rec. office at 646-5826. In case of an emergency, we can be reached by cell phone at Marilyn @ 251-8213, Natalie @ 2518211.

Thank You,
Marilyn Wallace, Natalie Gould, \& Cory S
Wells Parks \& Recreation

# Track \& Field <br> Track Meet Information 2024 

- The Hollis Track Meet will be on Friday, May 10, from 4:00-7:00pm. At Hollis @ 14 Lower Tarbox Road, Hollis
- The Old Orchard Beach Track Meet will be held on Friday, May 31, from 4:007:00pm. @ OOB HS; 40 E Emerson Cummings Blvd, Old Orchard Beach
- The Rec. van will leave Wells Rec Park at $3: 25 \mathrm{pm}$ and return to the Rec Park around 7:30pm. (possibly earlier or later depending on events \& traffic). If you would like to ride up on the van, please call the Rec. at 646-5826, there are limited spaces available. Students can ride with the Rec. to the meets then home with parents; please check in with Rec. staff before leaving the meet.
- If you need to contact us during the meets, please call Marilyn @ 251-8213 or Natalie @ 251-8211.
- Wear your Track shirt to meets, bring water and snacks, and dress appropriately for the weather.

Teams Attending: Hollis Rec., Buxton Rec., Old Orchard Beach Rec., \& Wells Rec.

Events:

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\begin{aligned}
& 50 \text { Yard Dash } \\
& 100 \text { Yard Dash } \\
& 200 \text { Yard Run } \\
& 400 \text { Yard Run } \\
& 400 \text { Yard Relay } \\
& \text { Mile }
\end{aligned}
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Discus
Softball Throw
Shot Put
Running Long Jump
Standing Broad Jump
Turbo Jav

- Please participate in at least 3 events. Remember to listen to what event is being announced, it is up to you to get to your event. If you are waiting for a field event and your running event is announced go to the running event. You can always go back to the field event you cannot make up a running event.


## Directions to away track meets

The track meet at Hollis on Friday, May 10, 2024, will be held at Porter Baseball Field in Hollis @ 14 Lower Tarbox Road, Hollis

## Directions: from the Rec. Park

- Take Route 9A to Kennebunk, before bridge turn left onto McGuire Rd.
- Then turn right onto Whitten Rd. at stop go straight across Route 99 at next stop turn left.
- At next stop go straight onto Thompson Rd. at end of road turn left onto Route 35.
- Follow Route 35 to Hollis center.
- Go through the Route 111 intersection staying on Route 35.
- Go through the Route 5 intersection staying on Route 35.
- Go through the Route 202 intersection staying on Route 35.
- Turn left onto Route 117; approximately 4 miles turn right onto Lower Tarbox Rd.
- Field in on the right - Porter Baseball Field.

The track meet at Old Orchard Beach on Friday, May 31, 2024, will be held at OOB High School Track, which is located @ 40 E Emerson Cummings Blvd, Old Orchard Beach.

## Directions:

- Take Exit 36- Saco/Old Orchard Beach off 95 towards 195 East.
- Stay on 195 East all the way to the end.
- Stay left at the 7-11. About 1.5 miles down the road, you will hit a stop light. Turn left.
- The track is located on the right, about .5 miles down the road. People can park on the side of the road or can choose to park at the high school and walk to the track.

Van departs Rec. Park at 3:25pm - Returns approximately around 7:30pm.

